

## **GLENDAL PRIMARY SCHOOL SUNSMART POLICY**

### **Rationale**

Glendal Primary School Sunsmart policy has been developed to ensure that all children attending this school are protected from skin damage caused by the harmful ultra-violet rays of the sun. It is to be implemented throughout the year but with particular emphasis in Terms One and Four.

### **Guidelines**

As part of general Sunsmart strategies, our school:

- promotes the wearing of school or similar hats for outdoor activities as compulsory in Terms One and Four
- encourages students to use their own sunscreen
- expects children not wearing hats during Terms One and Four, to play under the shade as determined by the Principal
- encourages staff and parents to act as role models by practising Sunsmart behaviours
- schedules outdoor activities to take place before 11 a.m. and after 3 p.m. during Terms One and Four, wherever possible
- organises outdoor activities to be held in areas of shade during Terms One and Four wherever possible.

### **Implementation**

- Children will be expected to wear hats, which protect the face, neck and ears whenever they are outside, e.g. recess, lunch, excursions, sport and camps.
- Children will be encouraged to use available areas of shade for outdoor activities during Terms One and Four.
- Programs on skin cancer prevention will be included in the curriculum, e.g. within Health units of work.
- Sunsmart behaviour will be regularly reinforced in a positive way through newsletters, parent meetings, and student and teacher activities.
- A tree-planting program will continue to increase shaded areas around playground and courts.
- Interschool sport will be scheduled before 11:00 a.m. in Term One.
- The school will provide sails over play equipment areas.

### **Evaluation**

- This policy will be reviewed as part of the school's review cycle..